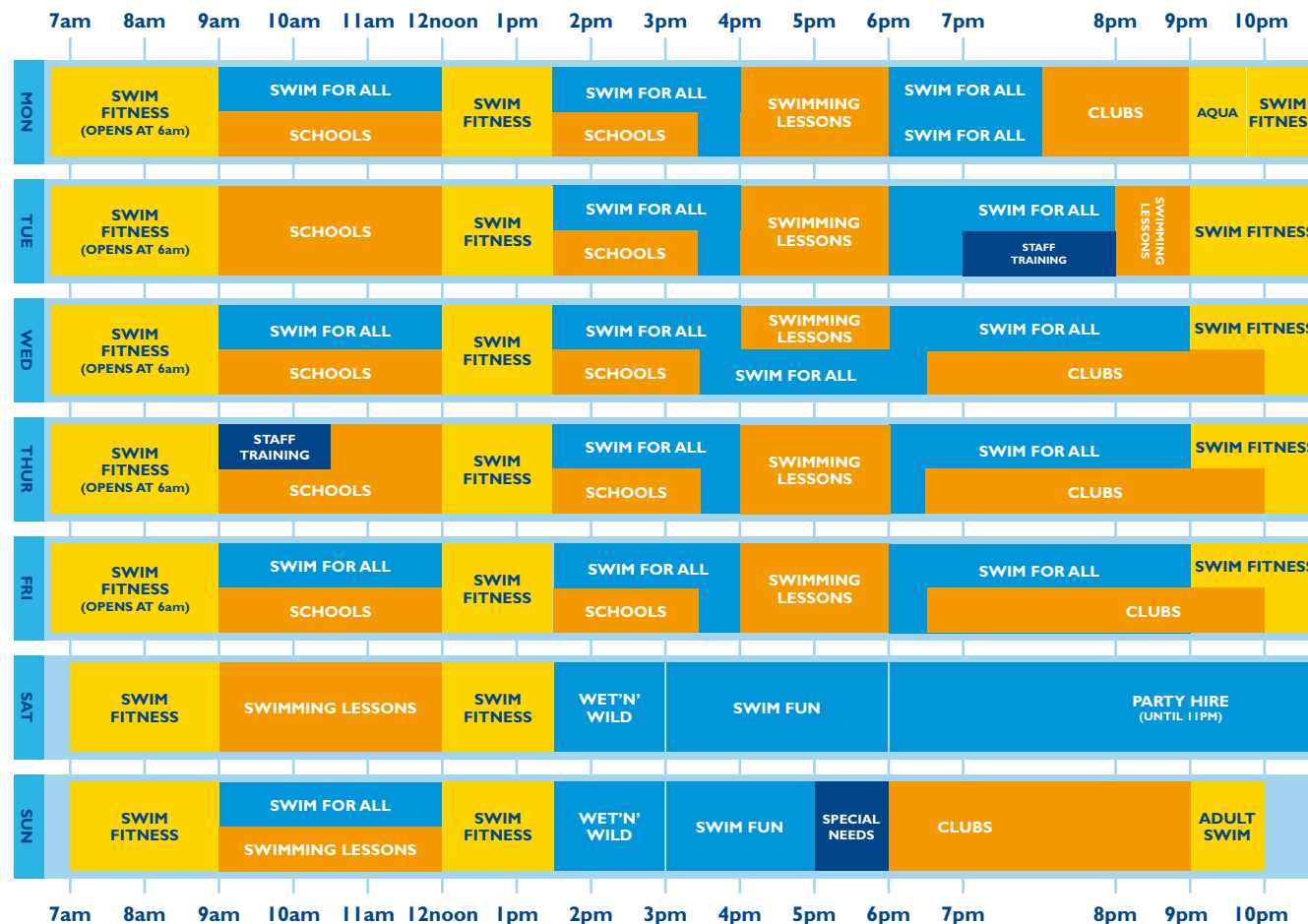




Zoggs swimwear and equipment available at every centre.

Spelthorne Leisure Centre

Main pool term-time programme



ORANGE	For those learning to swim. Includes schools, clubs and swimming lessons.
YELLOW	For those taking part in fitness and health swimming. Includes Swim Fitness.*
BLUE	For those wanting fitness and or fun in the pool. Includes Swim Fun.*

Under 8's must be accompanied by a parent/guardian or adult over 18, with a maximum of 2 children per adult.

* Swim Fitness and Swim Fun are also available during Swim For All sessions.

Main pool holiday programme



FOR TIMES BETWEEN 7am AND 9am, SEE TERM-TIME PROGRAMME, LEFT.

FOR TIMES BETWEEN 4pm AND 11pm, SEE TERM-TIME PROGRAMME, LEFT.