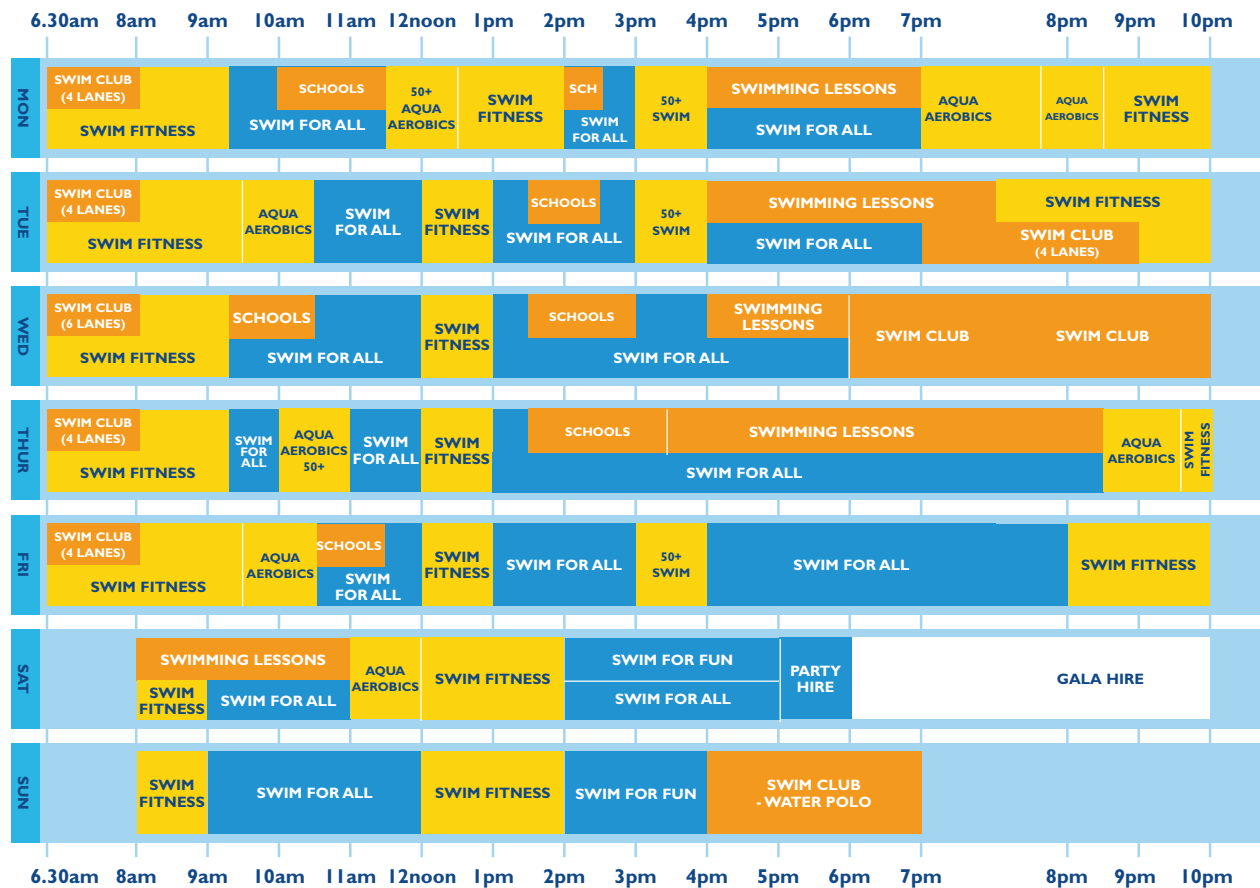




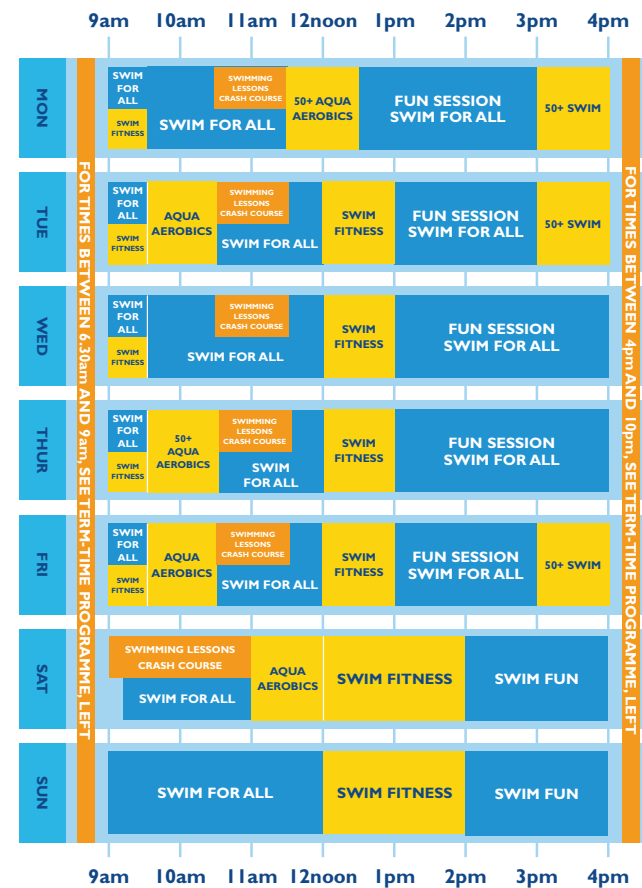
Zoggs swimwear and equipment available at every centre.

Watford Leisure Centre - WOODSIDE

Main pool term-time programme



Main pool holiday programme



ORANGE For those learning to swim. Includes schools, clubs and swimming lessons.

YELLOW For those taking part in fitness and health swimming. Includes Swim Fitness.*

BLUE For those wanting fitness and or fun in the pool. Includes Swim Fun.*

Under 8's must be accompanied by a parent/guardian or adult over 18, with a maximum of 2 children per adult.

* Swim Fitness and Swim Fun are also available during Swim For All sessions.