



Feel better for it

Wickford Swimming Pool - Opening Times

Monday	7.00-9.00 9.30-11.30 11.30-12.45 13.00-14.00 14.15-15.15 15.30-18.00 18.00-20.00 20.00-21.00 21.00-22.00	Early Morning Swimming Swimming Lessons Swim For All Aquasize Swim For All Swimming Lessons Swim For All Aquasize Adults Only
Tuesday	7.00-8.45 9.15-11.45 12.30-15.00 15.00-21.00 21.00-22.00	Early Morning Swimming Schools Swimming Swim For All Swimming Lessons Swim For Fitness
Wednesday	7.00-9.30 9.30-10.30 10.45-13.00 13.00-14.00 14.00-15.00 15.30-20.00 20.00-22.00	Early Morning Swimming Deep Water Workout Swim For All Deep Water Workout Swim For All Swimming Lessons Adults Only
Thursday	7.00-9.00 9.30-12.00 12.00-15.00 15.30-18.00 18.00-19.30 19.30-20.30 20.30-22.00	Early Morning Swimming Swimming Lessons Swim For All Swimming Lessons Swim For All Aquasize Ladies Only
Friday	7.00-8.45 9.15-12.00 12.00-13.00 13.00-14.30 15.00-18.00 18.00-20.00	Early Morning Swimming Schools Swimming Swim For All Schools Swimming Swimming Lessons Swim For All
Saturday	7.00-8.00 8.30-12.00 12.30-16.00	Early Morning Swimming Swimming Lessons Swim For All
Sunday	8.30-9.30 9.30-12.00 12.30-16.30	Early Morning Swimming Family Fun Swimming Pool Parties (Enquire at Reception for information & dates)

Interested in swimming lessons?

From 6 months old to adult, Any ability.

We also sell a full range of Swimming Aids and Swimwear.

Ask at reception for further details or call 01268 765460.